



Preparing For Retirement

For members enrolled in the
Defined Benefit Plan
Defined Contribution Plan
Combined Plan



2024|2025

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This brochure is a summary written in plain language for use by STRS Ohio members. It is not intended as a substitute for the Ohio Revised Code or the Ohio Administrative Code or for any state or federal law or regulation, nor will its interpretation prevail should a conflict arise between it and any law or regulation. More information may be obtained by contacting STRS Ohio toll-free at 888-227-7877.

Career stages and retirement planning steps

Preparation for a financially secure retirement is a career-long process. STRS Ohio suggests taking the actions outlined below to better position yourself for a smooth transition to retirement. We offer many services and retirement education opportunities to help you along the way and hope we can be of assistance with your planning.

DB = Defined Benefit Plan

DC = Defined Contribution Plan

CO = Combined Plan

	DB	DC	CO
THROUGHOUT YOUR CAREER			
Attend one or more <i>Active Member Series</i> webinars	✓	✓	✓
Review your <i>Annual Statement of Account</i>	✓		✓
Review your <i>Quarterly Account Statement</i>		✓	✓
Contribute to a supplemental retirement plan	✓	✓	✓
Evaluate your personal finances	✓	✓	✓
Review and update investment allocations with <i>Nationwide Retirement Solutions</i>		✓	✓
Certify any purchasable service credit	✓		✓
Complete deposits on interrupted teaching service		✓	

	DB	DC	CO
EARLY TO MIDCAREER			
Register for an Online Personal Account	✓	✓	✓
Attend the <i>Financial Fitness</i> webinar	✓	✓	✓
Register for your NRS/STRS Ohio online account		✓	✓

	DB	DC	CO
MIDDLE TO LATE CAREER			
Attend the <i>Beyond the Classroom</i> workshop or webinar	✓		
Review annuity options for STRS Ohio retirement benefit payment	✓	✓	✓
Evaluate STRS Ohio health care coverage costs and the impact on retirement income	✓		✓

	DB	DC	CO
THREE YEARS BEFORE RETIREMENT			
Schedule an individual or group benefits counseling appointment	✓	✓	✓
Obtain a service retirement estimate	✓	✓	✓

	DB	DC	CO
12 TO 18 MONTHS FROM RETIREMENT			
Attend the <i>Retirement Countdown</i> meeting or webinar	✓	✓	✓

	DB	DC	CO
SIX TO 12 MONTHS FROM RETIREMENT			
Schedule another individual or group benefits counseling appointment	✓	✓	✓
Request a recalculation of your service retirement estimate	✓	✓	✓
Schedule meetings with your personal retirement planning advisors	✓	✓	✓
View the <i>Retirement Benefits</i> presentation (www.strsoh.org)	✓	✓	✓

	DB	DC	CO
THREE TO 12 MONTHS FROM RETIREMENT			
Read the <i>Service Retirement and Plans of Payment</i> brochure	✓	✓	✓
View the <i>Understanding Your Retirement Plans of Payment Options</i> video	✓	✓	✓
Complete and submit a <i>Service Retirement Application</i>	✓	✓	✓
Finalize plans to purchase service credit	✓		✓
Finalize plans to complete deposits on military service		✓	
Review STRS Ohio reemployment guidelines	✓	✓	✓
Notify your employer of your intent to retire	✓	✓	✓

Throughout your career

Steps apply to all three STRS Ohio retirement plans unless otherwise indicated.

Attend an Active Member Series program

This five-part webinar series offers key elements on a variety of topics including budgeting, supplemental savings, Social Security and STRS Ohio, estate planning, and health care in retirement. Webinar dates and registration information are available at www.strsoh.org in the During Your Career section.

Review your Annual Statement of Account Defined Benefit Plan and Combined Plan

The account statement provided by STRS Ohio each fall can be invaluable in your personal financial planning. This personalized statement reports your earnings and contributions for the preceding year, your total years of service credit and lists all certified service that is eligible for purchase. In addition, STRS Ohio provides estimates of service retirement, disability and survivor benefits if you are eligible for those benefits. You should review your statement annually to ensure the correct service credit and contributions have

been reported from your employer(s). Notify STRS Ohio of any discrepancies so that adjustments can be made before retirement. STRS Ohio will audit your account at retirement. Your account statement and full service credit history are available in your Online Personal Account at www.strsoh.org.

Review your Quarterly Account Statement Defined Contribution Plan and Combined Plan

This statement includes an account summary for your defined contribution account that reflects the balance, deposits, and market gains or losses for your investment choices. The statement also breaks down the allocation of investment choices, contribution allocation, summary by investment choice and activity for the period.

Contribute to a supplemental retirement plan

These voluntary savings accounts allow individuals to save for retirement on a tax-deferred basis or with tax-free growth. Supplemental retirement plans sponsored by your employer may include the 457(b) governmental plan (Ohio Deferred Compensation) or a 403(b) plan (offered by various vendors). STRS Ohio member survey results indicate that about 74% of members are setting aside additional savings for retirement during their career. Furthermore, 92% of retiree households have at least one source of income in addition to their STRS Ohio pension benefit; 76% have at least two additional sources. On average, a member's STRS Ohio pension provides 55% of total household income. Further details about supplemental retirement plans are available at www.strsoh.org in the During Your Career section.

Evaluate your personal finances

A periodic evaluation of your personal finances — including assets, liabilities, insurance and investments — with a professional financial advisor can help maximize the return on your money. Early planning and knowing the value of your STRS Ohio account can provide a solid start on retirement financial planning.

Review and update investment allocations with Nationwide Retirement Solutions

Defined Contribution Plan and Combined Plan

STRS Ohio recommends periodic review of your investment selections for your defined contribution account to evaluate if they continue to be the best options for reaching your financial goals. To discuss your investment choices with a Nationwide Retirement Solutions retirement specialist, call 866-332-3342 (toll-free). An *Investment Options Guide* and investment performance information are available at www.strsoh.org. After registering for your NRS/STRS Ohio account at www.nrsstrsoh.org, you can log in to your defined contribution account to review your current investment allocations and make changes.

Certify any purchasable service credit

Defined Benefit Plan and Combined Plan

Defined Benefit Plan: If you think you may qualify to purchase credit for past employment, we recommend you certify this credit as soon as possible. Certification of credit from past employment does not obligate you to purchase credit, but allows STRS Ohio to evaluate eligibility, verify the credit amount and provide you with a cost. Cost statements can be updated at any time. Although the cost may increase because of interest rate or liability factor changes, it is not always best to buy credit early. Circumstances may arise before retirement that would make the investment unwise. Before purchasing credit, an STRS Ohio benefits counseling appointment is strongly recommended.

Combined Plan: You may make contributions on salary not earned if your teaching career is interrupted by military service or leaves of absence, provided you meet the eligibility requirements.

Further details and certification forms are available at www.strsoh.org in the During Your Career section. You may also schedule an appointment to discuss this decision with an STRS Ohio benefits counselor, who can provide a service retirement estimate to help you approximate retirement income. This may help you decide if it is advantageous to purchase credit.

Complete deposits on interrupted teaching service

Defined Contribution Plan

Defined Contribution Plan members are not eligible to purchase service credit but may make contributions on salary not earned if their teaching career is interrupted by military service and they meet the eligibility requirements.

Early to middle career

Register for an Online Personal Account

Registering for online access to your account gives you the ability to obtain your account information any time of day, at your convenience. (Go to www.strsoh.org and click on “Register” at the top of the page.) Features you can access during your career include: changing contact information, updating beneficiary information, registering for STRS Ohio events, viewing your service credit history and your documents, calculating retirement benefits, completing your retirement application and applying for STRS Ohio health care coverage in retirement. After you retire, you will be able to access features and information applicable to you as a benefit recipient.

Attend the Financial Fitness: Your Pathway to Retirement seminar

This seminar provides information about the following topics related to helping you plan for a financially sound retirement: STRS Ohio benefits, budgeting, reducing debt, financial planning and smart investing. Meeting dates, locations and registration information are available at www.strsoh.org in the During Your Career section.

Register for an NRS/STRS Ohio online account

As a Defined Contribution or Combined Plan participant, registering for an NRS/STRS Ohio online account gives you the ability to view your defined contribution account information anytime. (To register, go to www.nrsstrsoh.org and click on "Create an account.") Features you can access via your online account include: viewing your daily account balance, setting current allocation for future contributions, exchanging existing balances from one investment choice to another and obtaining current unit values as well as past performance results.

Middle to late career

Steps apply to all three STRS Ohio retirement plans unless otherwise indicated.

Attend the Beyond the Classroom workshop

Defined Benefit Plan

This workshop provides an overview of STRS Ohio benefits and information on funding your retirement. Meeting dates, locations and registration information are available online at www.strsoh.org in the During Your Career section.

Review annuity options for STRS Ohio retirement benefit payment

At retirement, you must select a plan of payment from among several different actuarially equivalent plans. All plans provide you with lifetime benefits but vary in the benefits provided to survivors. To review your payment options, you can access the *Service Retirement and Plans of Payment* brochure at www.strsoh.org in the Resources section. Also available on the website is an *Understanding Your Retirement Plans of Payment Options* video which details features of each benefit payment option.

Evaluate STRS Ohio health care coverage costs and the impact on retirement income

Defined Benefit Plan and Combined Plan

You may not know in advance what your health care needs in retirement will be, but it is important to focus on potential health care costs and develop a strategy to prepare for future health care changes. Premiums, copayments/coinsurance, deductibles and other costs paid by you as a health care plan enrollee may change annually. A Health Care Estimate calculator for estimating costs as an STRS Ohio Health Care Program enrollee is available in the Online Personal Account area at www.strsoh.org.

Three years before retirement

Schedule a benefits counseling appointment

It is advisable to schedule a benefits counseling appointment at least three years before you plan to retire. Both individual and group benefits counseling appointments are available.

During an individual appointment, a counselor can prepare a service retirement estimate for you as well as explain your STRS Ohio benefits. Individual appointments are available by videoconference, teleconference and in person. During a group benefits counseling session, members meet with an STRS Ohio benefits counselor to learn about and discuss a variety of topics in a small and interactive group setting via Zoom.

Appointments are available weekdays, with evening appointment availability during the school year, and can be scheduled using your Online Personal Account. Further information can be found at www.strsoh.org in the During Your Career section.

Obtain a service retirement estimate

This information is critical to your financial planning. Estimates are approximate; an exact calculation of your benefit will be made at retirement.

Members can obtain a service retirement estimate online at www.strsoh.org either by accessing the service retirement calculator in the Online Personal Account area (populated with your personal account information) or by using the calculator available on the home page under the Resources section.

12 to 18 months from retirement

Steps apply to all three STRS Ohio retirement plans unless otherwise indicated.

Attend the Retirement Countdown meeting or webinar

This program reviews the essential retirement information you will want to know leading up to retirement, including: tips for completing the online *Service Retirement Application*, reemployment guidelines, plans of payment and STRS Ohio Health Care Program enrollment. The meeting, as well as a live webinar, are available throughout the year. Dates and meeting locations are provided at www.strsoh.org (in the During Your Career section), where you can register through your Online Personal Account.

Six to 12 months from retirement

Schedule another benefits counseling appointment

This final individual or group appointment with a benefits counselor will help you finalize your retirement plans. This is a good opportunity to review your STRS Ohio benefits. Appointments are available weekdays and can be scheduled using your Online Personal Account. Further information can be found at www.strsoh.org.

Request a recalculation of your service retirement estimate

Members who have not met with a benefits counselor should obtain an estimate online at www.strsoh.org either by accessing the service retirement calculator in the Online Personal Account area (populated with your personal account information) or by using the calculator available on the home page under the Resources section. Members can complete the *Service Retirement Application* via an Online Personal Account at www.strsoh.org.

Schedule meetings with your personal retirement planning advisors

A periodic evaluation of personal finances with a professional advisor can help maximize the return on your money. A financial planner can be helpful in reviewing and discussing a 403(b), 401(k), IRA, 457(b) or Keogh plan, as well as Social Security accounts. An insurance agent can offer assistance in determining postretirement health and life insurance needs and an attorney can assist with estate planning and developing a will.

View the Retirement Benefits presentation at www.strsoh.org

This presentation provides an overview of the retirement benefits available to STRS Ohio members upon retirement, including information about the monthly benefit payment, health care (Defined Benefit and Combined Plan members), death benefits and reemployment restrictions.

Three to 12 months from retirement

Steps apply to all three STRS Ohio retirement plans unless otherwise indicated.

Read the Service Retirement and Plans of Payment brochure

Reading this brochure will help you choose a plan of payment option that suits your retirement needs as well as evaluate the Partial Lump-Sum Option Plan payment option. You can access the brochure at www.strsoh.org in the Resources section.

View the Understanding Your Retirement Plans of Payment Options video

This video provides details pertaining to important considerations when selecting a retirement benefit payment option, an overview of each option's features and how the different options impact the monthly payment amount. An overview of the Partial Lump-Sum Option Plan, available to Defined Benefit Plan and Combined Plan participants, is also provided.

Complete and submit a Service Retirement Application

Members may complete and submit their *Service Retirement Application* through their Online Personal Account at www.strsoh.org. The online application includes step-by-step instructions, helping to ensure complete information is provided and enabling timely processing. The retirement application should be completed at least three months, but no more than 12 months, before your retirement date.

Combined Plan members will need to submit separate applications for the defined benefit and defined contribution portions of the account.

Eligible Defined Benefit and Combined Plan members who want health care coverage to begin on their retirement date must submit a *Service Retirement Application* with STRS Ohio before the actual retirement date. Please see "Health care coverage" on Page 15.

Finalize plans to purchase service credit

Defined Benefit Plan and Combined Plan

Request final cost statements for any remaining service credit to be purchased and decide your payment method for the purchasable credit. Credit must be certified and a cost statement issued before your retirement date. You have up to three months after your retirement date to purchase credit. Further details about purchasing service credit (and certification forms) are available at www.strsoh.org in the During Your Career section.

Finalize plans to complete deposits on military service

Defined Contribution Plan

If you intend to make contributions on salary not earned when your teaching career was interrupted by military service, you must certify that service and have a cost statement issued before your retirement date. You have up to three months following the effective date of your retirement to provide payment to STRS Ohio.

Review STRS Ohio reemployment guidelines

Reemployment in a public position in Ohio after retirement is restricted during the first two months after your retirement date. Also, STRS Ohio medical coverage may be limited for non-Medicare enrollees employed in a public or private position. Further guidelines can be found in the *Employment After Retirement* brochure available at www.strsoh.org in the Resources section.

Notify your employer of your intent to retire

Complete any requirements due to your employer. After you submit your *Service Retirement Application* to STRS Ohio, we will contact your employer two months before the effective date of retirement to obtain information to finalize your benefit.

After STRS Ohio receives your retirement application

Steps apply to all three STRS Ohio retirement plans unless otherwise indicated.

STRS Ohio acknowledges your retirement

- When STRS Ohio receives your retirement application, it is reviewed for accuracy and completion.
- STRS Ohio conducts a final audit of your account records and notifies you of any necessary adjustments or corrections.
- If eligible, you will receive an acknowledgment letter verifying your effective date of retirement and the plan of payment you selected within 10 business days of STRS Ohio receiving your application and a *second* acknowledgment letter if you hold one or more positions covered by another public retirement system and are continuing employment in the lower paying position(s) at retirement.
- If you are in the Defined Benefit Plan and retire on a combined basis with Ohio Public Employees Retirement System (OPERS) or School Employees Retirement System (SERS), or both, STRS Ohio will request information from the appropriate system to finalize your benefit calculation — a necessary step before your retirement is finalized.

Changes to and finalization of your retirement

- *For Defined Benefit Plan or defined benefit portion of Combined Plan:* Changes to your effective date of retirement and plan of payment must be submitted in writing and received by STRS Ohio by the 15th day of the month following finalization of the retirement benefit.
- *For Defined Contribution Plan or defined contribution portion of Combined Plan:* Your benefit is final on your effective date of retirement, your account is closed and you cannot change your decision to retire. Your plan of payment can be changed if the request is submitted in writing and received by STRS Ohio by the 15th day of the month following finalization of the retirement benefit.

- Once your account is finalized, changes in tax withholding or bank information for your direct deposit may be made at any time through your Online Personal Account regardless of your retirement plan.

Health care coverage

Defined Benefit Plan and Combined Plan

- STRS Ohio offers medical, dental and vision coverage to eligible service retirement benefit recipients and their eligible dependents.*
- Members must have at least 20 years of service credit to qualify for coverage.
- You will indicate whether you want medical, dental and/or vision coverage when you submit your *Service Retirement Application*.
- Please refer to the *STRS Ohio Health Care Program Guide* and Health Care section of our website for detailed information about the STRS Ohio Health Care Program including eligibility requirements, Medicare enrollment, plan information and monthly premiums. You can also use your Online Personal Account to review your plan options and premiums.

Medicare enrollment

Defined Benefit Plan and Combined Plan

- STRS Ohio requires all medical plan participants to be enrolled in Medicare Parts A & B at age 65 or when eligible. Medicare Part B is required for all enrollees. Medicare Part A is also required if it is available to you at no cost (premium free). If you decline Medicare Part B or premium-free Part A, you will no longer be eligible for STRS Ohio medical coverage.
- Employed teachers eligible for Medicare may delay Medicare enrollment while covered under an employer health plan. If you have waived Medicare coverage, you are required to sign up for Medicare by the date your STRS Ohio medical coverage begins and submit proof of Medicare enrollment to STRS Ohio. If you discontinue your employer health coverage and fail to enroll in Medicare when eligible, you will no longer qualify for an STRS Ohio medical plan.

*The STRS Ohio Health Care Program is not guaranteed. STRS Ohio may change or discontinue all or part of the program for all or a class of eligible benefit recipients and covered dependents at any time.

Receiving benefits

Steps apply to all three STRS Ohio retirement plans unless otherwise indicated.

STRS Ohio issues partial benefit payments

If your fully completed application is received by STRS Ohio at least 30 days before your retirement date, STRS Ohio may issue a benefit payment on your retirement date. If the actual benefit amount is not calculated by your retirement date, STRS Ohio may issue a partial payment if you are eligible for retirement based on current information available on your account and the plan of payment you selected. Most members receive three or more partial payments. Once exact information is available, any balance will be retroactive to your effective date of retirement and paid as a catch-up payment, which is the difference paid to you after receiving partial payments and before your regular payments begin. Benefits are automatically deposited to your bank account on the first banking day of each month.

If your fully completed application is not received at least 30 days before the retirement date, your partial payment may begin the first of the second month following receipt of your retirement application.

No partial payments or regular payments will be made if:

- STRS Ohio is waiting for clarification of a court order providing for payment of a continuing benefit to a former spouse after the member's death.
- STRS Ohio is unable to determine service retirement eligibility until we have received information from your employer or another Ohio public retirement system (if you are a Defined Benefit Plan member and are combining your STRS Ohio service credit with credit in another system).
- You need to purchase service credit to attain service retirement eligibility.

Payment of PLOP

Defined Benefit Plan and Combined Plan

A Partial Lump-Sum Option Plan (PLOP) payment, if selected, will be paid 91 days after your retirement date or the date all necessary information is received and your retirement benefit is finalized, whichever is later. Please see the *Service Retirement and Plans of Payment* brochure for more information. You can access the brochure at www.strsoh.org in the Resources section.

During retirement

STRS Ohio wants to stay in touch with you during your retirement. Here are a couple ways you can stay abreast of information you'll want to know:

Benefit recipient newsletter

This publication keeps benefit recipients informed of STRS Ohio news and information, including any benefit changes. STRS Ohio mails this newsletter to the benefit recipient's address on file (unless they have opted to not receive the paper copy) and also emails the newsletter to benefit recipients who have provided an email address.

Member education opportunities

STRS Ohio offers educational opportunities for retired members. The *Retiree Series* features relevant topics that can impact your financial, physical and social well-being. The *Understanding Your Health Care Plan* and *Medicare Enrollment and STRS Ohio* programs offer important health-related information. Meeting and webinar dates are provided at www.strsoh.org in the Receiving Benefits section.

Additional information

Social Security

Many STRS Ohio retirees have potential benefits as the spouse of a Social Security wage earner or because of their own employment under Social Security.

Social Security may reduce or eliminate its benefits under the Windfall Elimination Provision and/or the Government Pension Offset because of your eligibility for STRS Ohio benefits. Further information is available at www.strsoh.org in the During Your Career section.

We cannot calculate your Social Security benefit or predict future legislative changes regarding Social Security. For more information, contact Social Security at 800-772-1213 (toll-free) or visit www.ssa.gov.

Divorce

A court can issue a Division of Property Order, which provides that your former spouse will receive a portion of your retirement benefit, PLOP, or refund depending on the types of payment selected. There are specific legal requirements that must be met for STRS Ohio to retain a DOPO.

Additionally, a court may issue an order that provides whether or not you are required to name your former spouse as beneficiary of a Joint and Survivor plan of payment that will pay your former spouse a monthly benefit after your death. You must submit a certified copy of the court order granting the dissolution of marriage including the separation or settlement agreement, if it is incorporated into the order, to STRS Ohio with your *Service Retirement Application*. If the order is not clear, then STRS Ohio will require an additional order or an affidavit from the former spouse.

STRS Ohio must administer income withholding orders requiring STRS Ohio to withhold child support, spousal support and medical support from the member's monthly benefit.

Further information is available at www.strsoh.org in the Life Events section.

By phone: 888-227-7877 (toll-free)

Our dedicated team of member service representatives is available to answer your questions when you need them.

- Call Monday–Friday, 8 a.m.–5 p.m.

When you need more detailed information, our benefits counselors can provide you with one-on-one consultation in our Columbus office, through a teleconference, videoconference or during field counseling sessions.

On the Internet: www.strsoh.org

A quick way to access information is through STRS Ohio's website, where you will find the items below and much more.

- Benefit information (while teaching and in retirement)
- Online Personal Account information
- Videos and on-demand webinars
- Benefits counseling and seminar information
- STRS Ohio publications and forms
- Benefit calculators

By email:

- Go to www.strsoh.org and select "Contact" from the top menu.

Email news service

STRS Ohio updates members about legislation, benefits and other issues affecting the STRS Ohio membership through our email news service — *eUPDATE*. All members with an email on file receive the *eUPDATE*.



Publications available

The following STRS Ohio publications are available on the STRS Ohio website at www.strsoh.org:

- *Account Withdrawal*
- *Annual Comprehensive Financial Report*
- *Death Benefits*
- *Disability Allowance*
- *Disability Benefits (Combined Plan)*
- *Disability Retirement*
- *Employment After Retirement*
- *Preparing for Retirement*
- *Purchasing Service Credit*
- *Service Credit Guidelines*
- *Service Retirement and Plans of Payment*
- *Summary Annual Financial Report*
- *Survivor Benefits*
- *Understanding Your STRS Ohio Benefits — Plan Summary*



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